

Gestational Diabetes Screen

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Please make an appointment by calling the Provincial Appointment Booking Line at 1-877-702-4486 or by booking online at albertaprecisionlabs.ca and selecting the Tolerance Testing option.

Please tell the patient booking representative that you are making an appointment for a gestational diabetes screen test.

Early morning appointments are the most popular with our customers and are often booked well in advance.

- Please consider making a mid-morning or mid-afternoon appointment.
- You can make appointments up to 3 months in advance.

If you cannot keep your appointment, please cancel it by calling the Provincial Appointment Booking Line.

Please follow the instructions below for accurate test results.

Before the test appointment	<ul style="list-style-type: none">• The test can be done without fasting. Your doctor may ask you to fast for 4 hours before the test.• Please do not eat immediately before your appointment.
During your appointment	<ul style="list-style-type: none">• Be prepared to stay at the laboratory for the duration of the test (approximately 1.5 hours).• The test consists of<ul style="list-style-type: none">○ Drinking a glucose drink. * We encourage you to finish your drink within 5 minutes.○ A blood collection 1 hour later.○ You will be required to remain in the laboratory collection area for the entire duration of the test.○ You will not be allowed to eat, chew, or smoke.○ You may have a small amount of water if needed.• Please feel free to bring the following items with you.<ul style="list-style-type: none">○ a warm sweater or jacket to wear,○ a book to read or a craft to do

* The [ingredient list](#) for the glucose drink is available.